

# TOP 10 CYBER-HYGIENE TIPS

Weak or repeated passwords are the easiest way attackers get in. One account should never unlock everything.

1

USE STRONG AND UNIQUE PASSWORDS

ENABLE MFA EVERYWHERE

2

Even if your password leaks, MFA blocks most unauthorized access attempts.

Updates patch security flaws that attackers actively exploit.

3

KEEP YOUR SYSTEMS UPDATED

NEVER USE UNKNOWN USB DRIVES

4

USBs can carry malware. One plug-in is enough to compromise a system.

Phishing attacks rely on speed and instinct. Slow down. Verify links.

5

THINK BEFORE YOU CLICK

INSPECT SUSPICIOUS EMAILS

6

Check sender details. Unexpected attachments. Urgent language. These are warning signs.

Physical access is often overlooked. An unlocked device is an open invitation.

7

LOCK YOUR SCREEN EVERY TIME

USE ONLY SECURE WI-FI

8

Public networks are easy to intercept. Prefer mobile hotspot or a trusted network.

Backups reduce the impact of ransomware and accidental data loss.

9

KEEP REGULAR BACKUPS

REPORT SUSPICIOUS ACTIVITY IMMEDIATELY

10

Early reporting stops small incidents from becoming full breaches.



**CHANNEL IT**  
VALUE ADDED DISTRIBUTION